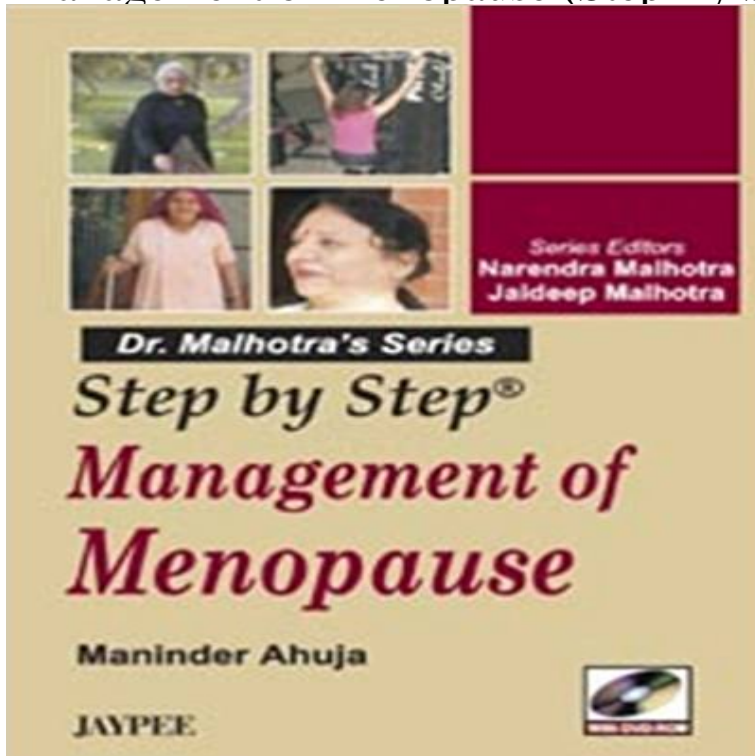


Management of Menopause (Step By Step)



Menopause and perimenopause is a phase of woman's life which needs special attention and the special attention is needed before actually the problems set in. This book is an attempt to beautifully simplify the problems of menopause and its management. Incorporates chapters enlightening an ignorant woman so that she can hold her head high and not bow down even in the twilight years of her life! And till the end she can remain symbol of strength and support for others!

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